



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
		1 9:00 ☕ Coffee & News [GB] 9:30 🍷 Sit & Be Fit [GDR] 2:30 🍷 Happy Hour [GDR] 3:30 🍷 Yoga Class [GDR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "Twister (1996)" [Senior TV Channel 4]	2 9:00 ☕ Coffee Social [GB] 9:30 🍷 Gardening Club [GDR] 10:00 🍷 Morning Exercise [GDR] 1:30 🍷 A-Z Word Game [GDR] 2:30 🍷 Halloween Picture Bingo [GB] 3:00 🍷 Trivia [GB] 5:00 Brain Gain 6:00 ★ Daily Movie: "Analyze That (2002)" [Senior TV Channel 4]	3 8:30 ☕ Coffee Social [GB] 9:30 🍷 Chair Fitness [GDR] 10:00 🍷 Puzzles and Board Games [GDR] 10:30 ★ Salon Day [GDR] 1:30 🍷 Chair Chi w. Karen [GDR] 2:30 🍷 Bowling tournament [GDR] 3:00 🍷 Yoga Class [GMR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "The Forgotten (2004)" [Senior TV Channel 4]	4 8:30 ☕ Daily News & Coffee [GB] 9:30 🍷 Chair Exercise [GDR] 10:30 🍷 Sing Along; 50s Fun! [GDR] 11:15 🍷 Trivia! [GMR] 1:30 🍷 Bingo & Raffles [GDR] 3:30 🍷 Sing Along [GDR] 5:00 Brain Gain 6:00 ★ Daily Movie: "Bruce Almighty" [Senior TV Channel 4]	5 8:30 ☕ Daily News & Coffee [GB] 9:30 🍷 Morning Exercise [GDR] 10:30 🍷 Puzzles and Board Games [GDR] 1:30 🍷 Red Hat Tea Party [CY] 3:30 🍷 Afternoon Chair Yoga [GDR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "Mystic River" [Senior TV Channel 4]		
		6 8:30 ☕ Coffee & News Social [GB] 9:30 🍷 Morning Stretch [GDR] 10:30 ★ Gospel Music; Hymn Sing [GDR] 1:30 ★ Color Therapy w. Music [GMR] 2:30 🍷 BINGO [GDR] 3:30 🍷 Afternoon Exercise 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	7 8:30 ☕ Coffee Social [GB] 10:00 🍷 Movie Monday [GDR] 10:30 🍷 Puzzles and Board Games [GDR] 1:30 🍷 BINGO [GDR] 2:00 🍷 White Board Games [GMR] 3:30 🍷 Susie Q Sing Along [GDR] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	8 9:00 ☕ Coffee & News [GB] 9:30 🍷 Sit & Be Fit [GDR] 2:30 🍷 Happy Hour [GDR] 3:30 🍷 Yoga Class [GDR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	9 9:00 ☕ Coffee Social [GB] 9:30 🍷 Gardening Club [GDR] 10:00 🍷 Morning Exercise [GDR] 1:30 🍷 A-Z Word Game [GDR] 2:30 🍷 Halloween Picture Bingo [GB] 3:00 🍷 Trivia [GB] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	10 8:30 ☕ Coffee Social [GB] 9:30 🍷 Chair Fitness [GDR] 10:00 🍷 Puzzles and Board Games [GDR] 10:30 ★ Salon Day [GDR] 1:30 🍷 Chair Chi w. Karen [GDR] 2:30 🍷 Bowling tournament [GDR] 3:00 🍷 Yoga Class [GMR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	11 8:30 ☕ Daily News & Coffee [GB] 9:30 🍷 Chair Exercise [GDR] 10:30 🍷 Sing Along; 50s Fun! [GDR] 11:15 🍷 Trivia! [GMR] 1:30 🍷 Bingo & Raffles [GDR] 3:30 🍷 Sing Along [GDR] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	12 8:30 ☕ Daily News & Coffee [GB] 9:30 🍷 Morning Exercise [GDR] 10:30 🍷 Puzzles and Board Games [GDR] 1:30 🍷 Red Hat Tea Party [CY] 3:30 🍷 Afternoon Chair Yoga [GDR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]
		13 8:30 ☕ Coffee & News Social [GB] 9:30 🍷 Morning Stretch [GDR] 10:30 ★ Gospel Music; Hymn Sing [GDR] 1:30 ★ Color Therapy w. Music [GMR] 2:30 🍷 BINGO [GDR] 3:30 🍷 Afternoon Exercise 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	14 8:30 ☕ Coffee Social [GB] 9:30 🍷 Chair Exercise [GDR] 10:00 🍷 Movie Monday [GDR] 10:30 🍷 Puzzles and Board Games [GDR] 1:30 🍷 BINGO [GDR] 2:00 🍷 White Board Games [GMR] 3:30 🍷 Susie Q Sing Along [GDR] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	15 9:00 ☕ Coffee & News [GB] 9:30 🍷 Sit & Be Fit [GDR] 2:30 🍷 Happy Hour [GDR] 3:30 🍷 Yoga Class [GDR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	16 9:00 ☕ Coffee Social [GB] 9:30 🍷 Gardening Club [GDR] 10:00 🍷 Morning Exercise [GDR] 1:30 🍷 A-Z Word Game [GDR] 2:30 🍷 Halloween Picture Bingo [GB] 3:00 🍷 Trivia [GB] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	17 8:30 ☕ Coffee Social [GB] 9:30 🍷 Chair Fitness [GDR] 10:00 🍷 Puzzles and Board Games [GDR] 10:30 ★ Salon Day [GDR] 1:30 🍷 Chair Chi w. Karen [GDR] 2:30 🍷 Bowling tournament [GDR] 3:00 🍷 Yoga Class [GMR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	18 8:30 ☕ Daily News & Coffee [GB] 9:30 🍷 Chair Exercise [GDR] 10:30 🍷 Sing Along; 50s Fun! [GDR] 11:15 🍷 Trivia! [GMR] 1:30 🍷 Bingo & Raffles [GDR] 3:30 🍷 Sing Along [GDR] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	19 8:30 ☕ Daily News & Coffee [GB] 9:30 🍷 Morning Exercise [GDR] 10:30 🍷 Puzzles and Board Games [GDR] 1:30 🍷 Red Hat Tea Party [CY] 3:30 🍷 Afternoon Chair Yoga [GDR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]
		20 8:30 ☕ Coffee & News Social [GB] 9:30 🍷 Morning Stretch [GDR] 10:30 ★ Gospel Music; Hymn Sing [GDR] 1:30 ★ Color Therapy w. Music [GMR] 2:30 🍷 BINGO [GDR] 3:30 🍷 Afternoon Exercise 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	21 8:30 ☕ Coffee Social [GB] 10:00 🍷 Movie Monday [GDR] 10:30 🍷 Puzzles and Board Games [GDR] 1:30 🍷 BINGO [GDR] 2:00 🍷 White Board Games [GMR] 3:30 🍷 Susie Q Sing Along [GDR] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	22 9:00 ☕ Coffee & News [GB] 9:30 🍷 Sit & Be Fit [GDR] 2:30 🍷 Happy Hour [GDR] 3:30 🍷 Yoga Class [GDR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	23 9:00 ☕ Coffee Social [GB] 9:30 🍷 Gardening Club [GDR] 10:00 🍷 Morning Exercise [GDR] 1:30 🍷 A-Z Word Game [GDR] 2:30 🍷 Halloween Picture Bingo [GB] 3:00 🍷 Trivia [GB] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	24 Christmas Eve 8:30 ☕ Coffee Social [GB] 9:30 🍷 Chair Fitness [GDR] 10:00 🍷 Puzzles and Board Games [GDR] 10:30 ★ Salon Day [GDR] 1:30 🍷 Chair Chi w. Karen [GDR] 2:30 🍷 Bowling tournament [GDR] 3:00 🍷 Yoga Class [GMR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	25 Christmas Day 8:30 ☕ Daily News & Coffee [GB] 9:30 🍷 Chair Exercise [GDR] 10:30 🍷 Sing Along; 50s Fun! [GDR] 11:15 🍷 Trivia! [GMR] 1:30 🍷 Bingo & Raffles [GDR] 3:30 🍷 Sing Along [GDR] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	26 8:30 ☕ Daily News & Coffee [GB] 9:30 🍷 Morning Exercise [GDR] 10:30 🍷 Puzzles and Board Games [GDR] 1:30 🍷 Red Hat Tea Party [CY] 3:30 🍷 Afternoon Chair Yoga [GDR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]
		27 8:30 ☕ Coffee & News Social [GB] 9:30 🍷 Morning Stretch [GDR] 10:30 ★ Gospel Music; Hymn Sing [GDR] 1:30 ★ Color Therapy w. Music [GMR] 2:30 🍷 BINGO [GDR] 3:30 🍷 Afternoon Exercise 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	28 8:30 ☕ Coffee Social [GB] 9:30 🍷 Chair Exercise [GDR] 10:00 🍷 Movie Monday [GDR] 10:30 🍷 Puzzles and Board Games [GDR] 1:30 🍷 BINGO [GDR] 2:00 🍷 White Board Games [GMR] 3:30 🍷 Susie Q Sing Along [GDR] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	29 9:00 ☕ Coffee & News [GB] 9:30 🍷 Sit & Be Fit [GDR] 2:30 🍷 Happy Hour [GDR] 3:30 🍷 Yoga Class [GDR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	30 9:00 ☕ Coffee Social [GB] 9:30 🍷 Gardening Club [GDR] 10:00 🍷 Morning Exercise [GDR] 1:30 🍷 A-Z Word Game [GDR] 2:30 🍷 Halloween Picture Bingo [GB] 3:00 🍷 Trivia [GB] 5:00 Brain Gain 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	31 New Year's Eve 8:30 ☕ Coffee Social [GB] 9:30 🍷 Chair Fitness [GDR] 10:00 🍷 Puzzles and Board Games [GDR] 10:30 ★ Salon Day [GDR] 1:30 🍷 Chair Chi w. Karen [GDR] 2:30 🍷 Bowling tournament [GDR] 3:00 🍷 Yoga Class [GMR] 5:00 Sensory Stations 6:00 ★ Daily Movie: "" [Senior TV Channel 4]	Location Keys Courtyard Generations Bistro Generations Dining Room Generations Music Room Senior TV Channel 4 CY GB GDR GMR Senior TV Channel	

 Be Challenged
 Be Connected
 Be Inspired
 Be Social
 Be Well